

May 2019



Newsletter

Important Dates:

- **May 1** : Happy May Day!
- **May 1**: Two Hour Late Start
- **May 12** : Happy Mother's Day!
- **May 23** : Preschool Class Graduation
- **May 27** : **Happy Memorial Day!** 
Kids Inc Closed.
- **May 28th**: Tues/ Thurs Preschool Class Picnic
- **May 29th**: Wed Preschool Class Picnic
- **May 31st**: Last Day of School-NDMA
- **June 6th**: Last Day of School- Park and West Elementary

Preschool Class Graduation!




Preschool Class Graduation for those preschool class children going into Kindergarten in the Fall of 2019 will be held on Thursday, May 23, 2019 at 6:30 pm at Cross Point Church in Hutchinson. There will be a short program with refreshments

ADVENTURE ZONE SUMMER 2019



Calling all School age Children...Soon your Summer Adventure will begin!

Reminders:

- If you are bringing your own sunscreen, and / or insect repellent, bring that with you on or before your first day .
- Wear your Adventure Zone shirts when you see the orange shirt icon on the calendar. 
- Connect with Emily or Rhonda about lunches. Let us know if your child will always have hot lunches (cost is \$3.15 per lunch) or always cold (cost is \$.53 for milk) . If your child wants a mixture of hot and cold, you may print out the lunch menu and designate which days "H" = hot lunch and which days "C" = cold lunch. When we offer a sack lunch for fieldtrips, we will still consider these a hot lunch.
- Please let us know if your child is signed up for Session 1 swim lessons, the time of the lesson and the Lesson Level.
- Please bring in your pool pass to get photo copied for our files.
- Starting June 10th, bring your swimsuit and towel everyday!





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**Reminder to turn
in sunscreen
permission forms.
Thanks!**



Preschool Picnics

End-of-the-Year Preschool Class Picnics will be at a park from 9:00 am until 11:00 am (weather permitting). Kids Inc will provide the transportation.

T/TH Class - Tuesday, May 28 2019

Wednesday Class - Wednesday, May 29 2019.

A picnic snack will be provided.



Remember, all of our
calendars
and lunch
menus are
available online at
www.ekidsinc.com



Every Child Deserves a Good Book

May Book Orders went home with your child. If you would like to place an order, you may do so on-line at the Scholastic website or bring in your order form and money and turn it in to Emily. Please let us know if you have any questions. Books make great gifts!



Summer Footwear for Children:



Tennis shoes and sandals that have a strap around the ankle are highly recommended for safe and active outdoor play. If your child is not wearing



socks with their shoes, please send a pair of socks to be worn indoors for the their safety and cleanliness of the center.



Thanks!

It's simple, but it's not easy

From Applebaum Training Institute

It's simple to know that children need a combination of love and limits. The part that is tougher is actually setting limits (boundaries) and then following through. Have faith in yourself that you can do it. You can be loving, even on those days when kids test your patience. You can set limits and follow through. Doing the right thing isn't always easy, but it's worth it in the end.





Therapeutic Value of Drawing

From "The Hidden Meaning of Kids' Shapes and Scribbles", by Isabel Fattal

"For many kids, drawing is exhilarating not because of the final product it leads to, but because they can live completely in the world of their drawing for a few minutes (and then promptly forget about it a few minutes later). Adults may find it hard to relate to this sort of full-body, fleeting experience. But the opportunities for self-expression that drawing provide have important, even therapeutic, value for kids.



Even simple scribbles are meaningful. While it was once thought that kids only scribbled to experience the physical sensation of moving their arm along the page, 'now it's been shown that when children are scribbling...they're representing through action, not through pictures,' said [Ellen Winner, a psychology professor at Boston College who also works with Harvard Graduate School of Education's Project Zero, a research group that focuses on arts education]. 'For example, a child might draw a truck by making a line fast across the page and going "zoom, zoom", and so it doesn't look like a truck when the child is done, but If you watch the process, what the child says and the noises and motion he makes when he's drawing, you can see that he is trying to represent a truck through action,' she said. 'And in a way you have drawing fused with symbolic play.'"

What Happens to Spoiled Children? MaryIn from ATI

I was on an airplane going to do a talk. When the airline stewardess heard what I was going to do, she got really excited. She said, Tell them never spoil their children." She then went on to tell me that she was in her early 20's, and her parents had always spoiled her, given her everything she wanted. She said that they even gave her a credit card, and they paid all her bills. She shared with me that when she turned 21, they cut her off, and told her it was time to make it on her own. She said that her life was miserable. She took the "spoiledness" into her relationships and expected everyone to do things for her. She said she was struggling now to work, to pay her bills, and to learn a new way of acting. I told her I would share her story. Help children by giving them a framework in which they can learn to be responsible. Give them little jobs to do so they learn the satisfaction of a job well-done. Stay in charge. There is a sense of security knowing that there is someone in charge who cares, someone who is consistent, and cares enough to say "No" when that is needed.