

Meals catered by OSL



# October 2018

## Lunch Menu

Milk served with all meals:

Whole milk for ages 12 to 23 months.

1% milk for ages 2 to 12 years.

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

	1 Tuna Casserole Broccoli 1/2 slice whole wheat bread Applesauce	2 Pizza Carrots Pineapple	3 Hot Ham & Cheese Green Beans Fries Pears	4 Spaghetti Peas 1/2 slice whole wheat bread Peaches	5 Pizza Fruit Veggies Yogurt	6
7	8 Mini Corn Dogs Baked Beans Fries Pears	9 Chicken Patty Mashed Potatoes Peas Pineapple	10 Tater-tot Casserole Green Beans 1/2 whole wheat bread Applesauce	11 Fish Patty on Bun Mashed Potatoes Broccoli Peaches	12 Pizza Fruit Veggies Yogurt	13
14	15 Chicken Tetrizzini Broccoli 1/2 slice whole wheat bread Applesauce	16 Chicken Nuggets Green Beans Mashed Potatoes Pears	17 Italian Pasta Bake Corn 1/2 slice whole wheat bread Mandarin Oranges	18 Pork Rib Mashed Potatoes Carrots Peaches	19 Pizza Fruit Veggies Yogurt	20
21	22 Beef & Bean Burrito Broccoli Applesauce	23 Chicken Patty Mashed Potatoes Carrots Pears	24 Taco on Whole Wheat Tortilla Peas Pineapple	25 Ham Patty Mashed Potatoes Green Beans Peaches	26 Pizza Fruit Veggies Yogurt	27
28	29 Chicken Wrap on Whole Wheat Tortilla Rice Carrots Pears	30 Fish Patty on Bun Mashed Potatoes Peas Peaches	31 French Toast Sticks Ham Patty Broccoli Pineapple			