Infant November 2021

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Parent Info:

Infants Develop and Learn During Eating and Mealtimes: **Learning about themselves and others:** Infants learn to regulate their behavior and develop routine patterns for eating. By the time they are toddlers, they participate in group routines, such as family-style dining. They develop food preferences and a range of personal care skills.

Learning about moving: As they use their fingers and spoons to bring food to their mouths and drink from a cup, children practice fine motor skills and refine their hand-eye coordination.

Learning about the world: Children use all five senses to see, smell, taste, touch, and listen to the foods, objects, and people involved in mealtime. Mealtimes also present opportunities for children to develop mathematical concepts such as more and less.

Learning about communicating: Mealtime conversations are opportunities for children to hear and practice using interesting, descriptive language as they munch on their food. As children sit t together during mealtimes, they begin to engage in nonverbal and verbal conversations with their friends.