

Meals catered by OSL



# Lunch Menu

## January 2022

Milk served with all meals:

Whole milk for ages 12 to 23 months.

1% milk for ages 2 to 12 years.

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 WG Chicken Nuggets French Fries Carrots Pears	4 WG Mac & Cheese Ham Patty Peas Pineapple	5 Chicken Tater-tot Casserole Mixed Veggies Applesauce	6 Pork rib Mashed Potatoes Green Beans Peaches	7 Pizza Veggies Fruit Yogurt	8
9	10 WG Fish Patty Potato Smiles Peas Applesauce	11 WG Mini Corn Dogs Sweet Potato Puffs Broccoli Pears	12 WG Pasta Bake Corn Mandarin Oranges	13 WG Sausage Breakfast Stick Hashbrown Patty Carrots Pineapple	14 Pizza Veggies Fruit Yogurt	15
16	17 WG Mini Beef & Bean Burrito Corn Mandarin Oranges	18 Hot Ham & Cheese on WG Bun French Fries Carrots Pineapple	19 Chicken Alfredo with WG Rotini Broccoli Pears	20 WG Chicken Wrap Spanish Rice Mixed Veggies Peaches	21 Pizza Veggies Fruit Yogurt	22
23	24 WG Mini Corn Dogs Sweet Potato Puffs Broccoli Pears	25 WG Fish Patty Potato Smiles Carrots Applesauce	26 BBQ Meatballs Cheesy Hashbrowns Green Beans Peaches	27 WG Mac & Cheese Ham Patty Peas Mandarin Oranges	28 Pizza Veggies Fruit Yogurt	29
30	31 WG Chicken Nuggets Ranch Tater Tots Carrots Applesauce					

**1 serving of whole grain will be served daily**