Lunch Menu
December 2022

Milk served with all meals:

Whole milk for ages 12 to 23 months.

1% milk for ages 2 to 12 years.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 WG Beef , Bean & Cheese Burrito Corn Peaches	2 Pizza Fruit Veggies Yogurt	3
4	5 WG Chicken Nuggets French Fries Carrots Pears	6 Pork Rib Mashed Potatoes Green Beans Peaches	7 WG Pasta Bake Corn Mandarin Oranges	8 WG Fish Patty Potato Smiles Peas Applesauce	9 Pizza Fruit Veggies Yogurt	10
11	12 WG Mini Corn Dogs Sweet Potato Puffs Baked Beans Pineapple	13 WG Pizza Sticks Marinara Green Beans Peaches	14 WG Chicken Alfredo Peas Mandarin Oranges	15 WG Breakfast Stick Hashbrown Patty Carrots Applesauce	16 Pizza Fruit Veggies Yogurt	17
18	19 Chicken Patty on WG Bun Carrots Pears	20 Salisbury Steak Mashed Potatoes Green Beans Peaches	21 WG Mac & Cheese Ham Patty Peas Pineapple	22 WG Chicken Nuggets Potato Wedges Baked Beans Applesauce	23 Pizza Fruit Veggies Yogurt	24
25	26 Hot dogs/ WG Bun Baked Beans Fruit Veggies	27 WG Pancakes Yogurt Fruit Veggies	28 Ham Sandwich WG Chips Fruit Veggies	29 Chicken Noodle Soup WG Crackers Fruit Veggies	30 Pizza Fruit Veggies Yogurt	31

1 serving of whole grain will be served daily

***WG =Whole Grain**