

# Lunch Menu

## June 2023

Meals catered by LSS Meals



**Mon                      Tue                      Wed                      Thu                      Fri**

			1 Creamy Diced Turkey Mashed Potatoes Fresh Banana WG Garlic Bread Stick	2 Pizza Yogurt Veggies Fruit
5 Hamburger Patty on WG Bun Cheese Carrot s Bake d Beans	6 WG Cheese Calzone Marinara Sauce Peas & Carrots Pineapple	7 Goulash WG Pasta Salad/Green beans Tropical Fruit	8 Sweet & Sour Meatballs Broccoli Banana WG Bread Slice	9 Pizza Yogurt Veggies Fruit
12 WG Bread stick Diced Chicken w/ Marinara Sauce Green Beans Applesauce	13 Swedish Meatballs Mashed potatoes Pears WG Bread	14 Turkey w/WG Noodles Broccoli Apple slices	15 WG Cheese Pizza Carrots Banana	16 Pizza Yogurt Veggies Fruit
19 Hamburger Patty Peas & Carrots Baked Beans WG Bread slice	20 Ground beef Mac & Cheese Corn Peaches WG Garlic bread stick	21 WG Bosco Stick Carrots Apple Slices	22 Sweet & Sour Chicken WG Brown Rice Salad Banana	23 Pizza Yogurt Veggies Fruit
26 Meatballs with Mozz. Cheese WG Garlic Bread stick Green Beans Applesauce	27 WG Bean & Cheese Burrito Carrots Apple Slices	28 Teriyaki Chicken Salad Peaches WG Brown Rice	29 Sloppy Joe WG Bun Corn Banana	30 Pizza Yogurt Veggies Fruit

Milk served with all meals:

Whole milk for ages 12 to 23 months.

1% milk for ages 2 to 12 years.

**1 serving of  
whole grain  
will be served  
daily**

